Quick overview of the Recruiting Timeline – Steps for an Athletic Scholarship

8th Grade

- * Work on study and time management skills. It is important to get good grades from the beginning of Freshman year of High School.
- * Character matters: make good choices ... every day. Learn to be very careful of what words and pictures you put on social media.
- * Research and start a list of colleges you are interested in attending. Aim to begin writing college coaches during your Freshman year of HS.
- * Play at the highest level of club team you can. Ask your coach what you need to do athletically to compete successfully at the HS level.

Freshmen Year High School

- * Good grades are critical ALL 4 years of HS - hit the ground running freshman year!
- * Take high level academic courses to challenge yourself.
- * Continue your research and compile an initial list of 20-30 schools you are interested in attending. Rank schools based on the attributes that are most important to you.
- * Begin writing coaches of schools you are interested in attending. Get on their radar and get your name out there!
- * Play at the highest level of club/HS team you can. Ask your coaches where you need improvement and set goals.
- * Consider working with a personal trainer to improve speed, strength and overall athleticism.

Sophomore Year High School

- * Take SAT/ACT practice tests and/or test prep courses, keep your grades up!
- * Pick a good attitude and show it. Recognize that nothing is owed to you just because you are a good athlete.
- * Take AP courses; challenge yourself academically!
- * Register with NCAA & NAIA eligibility Centers; complete recruiting questionnaires for *ALL* schools on your list.
- * Compile highlight and game videos; use YouTube and Hudl.
- * Continue to research and update your list and write coaches & schools. Send videos and/or links to videos.
- * Begin making phone calls to coaches. Let them know your game / meet / match schedule stay on their radars!

Junior Year High School

- * Take SAT/ACT Tests
- * Take AP courses.
- * Continue to play highest level of club/HS team. Get feedback on improving skills.
- * Continue to research schools, but narrow your list to 10 to 15 schools.
- * Keep in contact with coaches often. Let them know of your continued interest and also if you are no longer interested.
- * Continue to send videos & grades to schools you are interested in. Be your own advocate & keep your name out there!
- * Ask coaches where you stand on recruiting list and timeline.
- * Look to attend Showcase games and tournaments. Let coaches know your schedule.
- * Make unofficial visits to schools you're interested in.

Senior Year High School

- * Keep your grades up avoid Senior Slump!
- * Character is key. Make good choices every day.
- * Post nothing on social media you may later regret.
- * Narrow your college list to 3 to 5. Stay in contact weekly with coaches.
- * Complete FAFSA form, get college applications in early and apply to *all* schools on your short list.
- * Ask coaches for their timeline for offers.
- * Contact players on your short list of schools. Get their direct feedback on school and program.
- * Quickly and politely let schools know if you are no longer interested.
- * Take official visits to schools on short list. Meet coaches and players.
- * Receive, consider and respond to all written offers from schools
- * Make YOUR decision!